



SDS Newsletter

Debbie



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Leona



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What we do...

We provide a service to pupils that includes guidance, support and information. All 1:1 sessions are completely individualised, and person centred to the young person, so a wide variety of services and tools are used.

Our career guidance appointments, allows the pupils to have as much time as they need to speak through career ideas, research and explore the variety of careers available, and together we will help our pupils make their decision on their future career path. We can help with UCAS personal statements, college applications, Modern Apprenticeship opportunities and applying for jobs, but helping our pupils figure out their interests, strengths and skill set and matching this to suited careers or industries is a big part of our job, we do this by using coaching techniques and building relationships with our pupils.

We start working with pupils in S1 all the way through to S6 at different stages to support them for their future.

Please encourage your pupils to come and speak to us –we have an open-door policy, they don't need to wait for an appointment, they are always welcome to drop in for a chat.

***We are based in room 0.004
(Opposite Janitors room)***

About the Careers Team...

Debbie has worked for SDS for over 11 years, and graduated from University West of Scotland in 2018 where she gained her post grad in Career Guidance and Development qualification. She will be based in school Mon/Tues/Fri. Debbie also offers support to any pupils that are leaving/left school.

Leona has also worked for SDS for over 11 years and graduated from Edinburgh Napier University in 2017, graduating with the same degree. She will be based in school Thurs/Fri.

We are continuously developing our guidance and coaching techniques through many different training programs, so we can help our pupils as much as we can.

This term we will...

- Groupwork sessions are to be carried out during PSE in August for all S1 pupils to introduce the careers team, carry out interactive activities to help pupils start to think more about their career path and allow for pupils to ask any questions/book appointments.
- Career Guidance appointments for S1 to get to know the new pupils and so they are aware of our services and support throughout school. Guidance appointments with all S4 pupils where we offer a range of different coaching and guidance methods to plan for their future. We will also be offering guidance to those S3 pupils who require more intensive support.

My World of Work

Our career website **My World of Work** can provide tools and activities for teachers/parents to use with their pupils and is an extension of the support we provide. All pupils can make a free MyWow profile, and the more tasks and quizzes carried out, the more personal the profile becomes. This can give pupils career information, match their strengths to certain jobs and help users understand what grades are required for jobs in the future.

Job Profile, Animal Me, Option Choice Tool and Find your Strengths are just a few of the fantastic resources on this website.

The careers team are always happy to engage with parents, so please get in touch if there are any questions at all.

Important Information...

College Applications for 2026 open in October. We can help with any applications.

Places are given on a first come first serve basis. Please send any pupils to us that are considering college.

The school office will send a text to all parents to inform you of your child's appointment.

Please feel free to contact us by email or phone-

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