



9 September 2022

Dear Parent/Carer,

Dundee Physical Activity & Wellbeing Survey

Physical activity plays a major role in the health of our children. However, many young people are not participating in enough physical activity to benefit their health. It is for that reason that Baldragon Academy, alongside all other primary and secondary school in Dundee City Council, have been asked to take part in research into levels of physical activity and health behaviours of our pupils.

What is the purpose of this investigation?

The overall purpose is to inform policy and practice within the Dundee area and influence young people’s levels of participation in physical activity and change towards more positive health behaviours.

Does your child *have* to take part?

No. A computer survey will be used to collect the information, and all children in P6-S3 across Dundee will be asked to participate. You do not have to allow your child to complete the survey. Below is an opt out form, by choosing NOT to return it, you will be giving consent for your child to take part in the survey. In addition to this, your child will be given the opportunity to confidentially tick a box at the beginning of the computer survey to indicate whether he/she wants to provide his/her data to Active Schools, Abertay University and Dundee City Council.

What happens to the information in the project?

Responses to the online survey will be used by the school and Active Schools staff to help with the planning and organisation of sports and physical activity opportunities in school and the wider community. To achieve this, Abertay University researchers (Dr Joel Rocha and Dr Luis Calmeiro) will support with the analysis and reporting. Dundee City Council will make use of your child’s SEEMIS profile (held at school) to support the survey, but ALL data will be anonymised (i.e. data where names have been removed meaning researchers will not be able to identify your child’s data). Anonymised data may also be used in future research by the above parties. The data will not be used by any other person(s) or organisations.

What happens next?

If you are happy for your child to take part in the survey you do not have to do anything, though we encourage a good discussion at home regarding your child’s physical activity and wellbeing. If you have chosen to opt out, we will need you to complete the short form below and return it to the school office by Friday 16 September. At the start of the survey, your child will also be given the opportunity to choose whether he/she wants to provide his/her responses to Dundee City Council.

After the survey responses have been analysed, the results will be made available to Baldragon Academy in a summary report. If you have any questions about the information provided in this sheet, please contact the school.

Thank you.

Mr H McAninch
Headteacher

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Please complete this section and return it to your child’s school if you do not want your child to take part in the Dundee Physical Activity & Wellbeing Survey.

Child’s name.....

Class/Year Group

Parent/Guardian Signed.....

Date