



16 December 2020

Dear Parent/ Carer

In line with Scottish Government guidance and providing Dundee remains within Tier 3 or lower of COVID -19 restrictions, we would anticipate a return to swimming within the Physical Education curriculum during January 2021. We would ask that you read and share the following advice with your child to help ensure a safe return to swimming activities:

- Young people are encouraged to maintain physical distancing wherever possible.
- The use of showers is discouraged and will not be used, therefore we advise any young person taking part in PE activities to shower at home.
- To avoid unnecessary contamination of the pool water and to maintain appropriate chemical balances, it is advised that make-up, deodorants and perfumes are not worn before swimming.
- To maintain good hygiene levels and reduce any spread of the virus, where necessary young people will be asked to wipe down their own changing area or equipment.
- In the interests of health and safety and to avoid disruption of learning opportunities, young people should be reminded to follow all instructions from school staff.

A gentle reminder from my last letter (November 2020) regarding false school fire alarms, pupils are not permitted to use aerosol products in school. Although 'roll on' deodorants are permitted, please consider this alongside the above safety points.

As always, we will adapt our approaches based upon the most recent guidelines and continue to make every effort to return to a full offer of physical activities as soon as practically possible.

Thank you for your ongoing support.

Yours faithfully

Mr McAninch
Headteacher

If you have trouble understanding English please contact the address below

اگر آپ کو انگریزی سمجھنے میں مشکل پیش آتی ہے تو برائے مہربانی نیچے درج پتے پر رابطہ کریں:

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇੰਗਲیش سمجھنے ਵਿੱਚ کٹھنਾਈ ਹੁੰਦੀ ਹੈ ਤਾਂ ਡਿੱਖਾ ਕਰਕੇ ਸਾਡੇ ਨਾਲ ਹੇਠਾਂ ਦਿਤੇ ਪਤੇ ਤੇ ਸੰਪਰਕ ਕਰੋ।
Jeżeli masz trudności w zrozumieniu języka angielskiego, skontaktuj się na poniżej podany adres:

如果你對英語理解有困難，請聯絡以下地址:

Dundee Translation & Interpretation Service, Mitchell Street Centre, Mitchell Street, Dundee DD2 2LJ.
Tel: 01382 435825 Fax: 01382 435805

For information about Dundee City Council visit our website - www.dundee.gov.uk

