18 February 2021

Dear Parent/Carer

I am delighted to be able to offer a bespoke health and wellbeing session for your child, facilitated by our school partner [CANICoaching](https://www.canicoaching.co.uk/).  Derek Gall (CANICoaching Managing Director) will lead your child through an online experience called ‘The Best of You’.  The experience is uniquely designed for Baldragon Academy learners to help raise aspirations and ambition; ultimately supporting your child to maintain a positive direction in their qualifications and studies as we navigate this exceptionally challenging time of COVID restrictions.  Derek is a highly skilled coach, supporting Baldragon Academy for the last few years as we establish and raise a positive culture of high ambition for all across our school community.  Indeed, you or your child may have worked with Derek already on aspects of pupil leadership and/or parental empowerment.  I cannot recommend CANICoaching highly enough I do hope that you will ensure that your child takes part - you can join in too!

**You child is attending via the S6 group2:**

* **24 February 2021, 13.10 to 14.40**
* **The link to your child’s S6 group2 session:** [**Click here to join the meeting**](https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZWQ3MWQyOTEtMTgzNy00NzExLTk3ZjctYmNkM2E4MzJiYTg1%40thread.v2/0?context=%7b%22Tid%22%3a%223c0cf934-f2f7-46cb-8956-49f7dc0fbb65%22%2c%22Oid%22%3a%224794634b-1a6b-4ffd-8e87-443664b74071%22%7d)

There is also a workbook available to support this learning experience.  Workbooks are available from our school office or for download here: <https://tinyurl.com/m2ddrbp4>

Thank you



**H McAninch**

Headteacher