

Dear Parent / Guardian,

The Corner, in partnership with Dundee Carers and Dundee Children and Families Service, are delivering a new and exciting pilot programme to support Young Carers in Dundee.

All Young Carers in S3 – S6 will have the opportunity to attend a holistic Health Check where young people can discuss their health and wellbeing needs in a confidential space with a health professional from The Corner.

Following the Health Check your child may be signposted to supportive local services and resources to help in any areas where they might benefit from some extra support.

The Corner will work alongside Young Carers Co-ordinators in each of the eight secondary schools in Dundee to deliver the Health Checks at a suitable time within the school day.

We will also provide every Young Carer with a free Wellbeing Box which includes different items to support young people's emotional and physical wellbeing.



If your child or young person would like to opt out of the Health Check or if you require any further information please contact The Corner by telephone 01382 206060 or email [tay.office.corner@nhs.scot](mailto:tay.office.corner@nhs.scot)

Yours Sincerely,

The Corner

Young People's Health and Wellbeing Service